

Lent Prayer: A Time for Turning Round

Truly dust we are, and to dust we shall return;
and truly yours we are, and to you we shall return.
Help this to be a time of turning round and beginning again.

Through the forty days of Lent, help us to follow you
and to find you: in the discipline of praying
and in the drudgery of caring —
in whatever we deny ourselves,
and whatever we set ourselves to learn or do.

Help us to discover you
in our loneliness and in community,
in our emptiness and our fulfilment,
in our sadness and our laughter.

Help us to find you when we ourselves are lost.

Help us to follow you on the journey to Jerusalem
to the waving palms of the people's hope,
to their rejection, to the cross and empty tomb.
Help us to perceive new growth amid the ashes of the old.
Help us, carrying your cross, to be signs of your Kingdom.

Amen.

Source: Jan Sutch Pickard